

## General Studies Curriculum Overview

*'Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way'. Gavin Williamson, Secretary of State for Education.*

The SAX General Studies programme helps pupils to develop the knowledge, skills and attributes they need to manage life's challenges and make the most of life's opportunities in modern Britain. There is evidence to show that PSHE education can address teenage pregnancy, substance misuse, unhealthy eating, lack of physical activity, emotional health and other key issues. At South Axholme we believe an effective General Studies programme can also tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.

Relationships and sex education (RSE) has always been delivered as part of a planned, developmental SAX General Studies programme. The Academy's General Studies programme also contributes to the coverage of the national curriculum for Citizenship and supports the academy in achieving the Gatsby benchmarks for careers education, as part of the DfE Careers Strategy. The General Studies programme provides pupils with knowledge, skills and understanding to prepare them to play a full and active part in society. In particular, fostering pupils' keen awareness and understanding of democracy, government and how laws are made and upheld, equipping pupils with the skills and knowledge to explore political and social issues critically, to weigh evidence, debate and make reasoned arguments. Additionally, the holistic General Studies programme, helps to prepare pupils to take their place in society as responsible citizens, manage their money well and make sound financial decisions

The academy's statutory and non-statutory content is comprehensively covered by spirally curriculum model with six core themes across key stage three: 'Health and Wellbeing', 'Relationships', 'Keeping Safe', 'Personal Development', 'Financial Security' and 'Living in the Wider World'. This flexible approach provides a comprehensive programme that integrates, but is not limited to, this statutory content, for example covering economic wellbeing, careers and enterprise education, as well as education for personal safety, including assessing and managing risk.

	Autumn	Spring	Summer
Year 7	<b>Personal Development</b> Rules in the community Getting along with each other/ Understanding Friends Bullying or Banter	<b>Study Skills</b> Why Learn? What is learning? What type of learner are you? What is good classroom behaviour? (	<b>Keeping Safe</b> The Dangers of Smoking and Vaping Binge Drinking and the Dangers of Alcohol

	<p>Who am I? - Self awareness What do I want for my life? Personal brand - online presence</p> <p><b>Health and Wellbeing</b> What do we mean by a healthy lifestyle? Health introduction. Healthy Living: Exercise and Keeping Active. Not eating healthily? What are the consequences? Puberty: What happens? When? and Why? Introduction to Mental Health Issues: Depression Focus. Peer Pressure</p>	<p>How can we reinforce learning at home? Mobile Phones and Learning Importance of Living Well (Exercise, Sleep, Eating, Relaxing)</p> <p><b>Relationships</b> Keeping good friendships and avoiding toxic ones Family relationships – the different types and why we don't always get along. Love and relationships – falling in love and dealing with new feelings. What is cyberbullying? Why do people bully online? How do we keep safe and have positive relationships (on and off-line)? Extremism – why does radicalisation happen and how does it challenge our values?</p>	<p>What are class A, B,C drugs linked to the Laws Crime, Gangs and County Lines Social Media Linked to Self-Esteem and Peer Pressure</p> <p><b>Living in the wider world</b> Children's Rights Child Soldiers Child Labour Unicef and World Aid Discrimination and Prejudice Awareness Raising Campaign</p>
<p><b>Year 8</b></p>	<p><b>Keeping Safe</b> Internet Safety – What is online grooming and why must we be so careful? Online Radicalisation Stereotyping, Discrimination and Prejudice: Disability Focus. Cultural Appropriateness LGBT+ Homophobia (Self, Mental Health, Safety Focus) Stereotyping, Discrimination and Prejudice: Teens and Media Focus.</p> <p><b>Health and Wellbeing</b> Mental Health: How can I deal with and manage anxiety?</p>	<p><b>Relationships</b> What is Consent? and Why is it Important we know about it? What is sexting and why is it so risky to send personal images? What is pornography and why can it be dangerous? Safe sex, different forms of contraception. (inc STIs?) How do we keep good sexual health and avoid STIs? (includes FGM) Positive relationships</p> <p><b>Finance</b> How we budget Creating a budget plan</p>	<p><b>Living in the wider world</b> Gender and Trans Identity LGBT+ (Info Focus) Same Sex Relationships Sexism and Gender Prejudice Hate Crimes Social Conflict Management Homelessness</p> <p><b>Personal Development</b> Difference between Job, Occupation and Career Cost of Living Reality Bites Entrepreneur Stereotypes and the Workplace</p>

	<p>Importance of and Strategies for Having a Balance between Work, Leisure and Exercise</p> <p>Unhealthy Coping Strategies: Self harm</p> <p>Bullying</p> <p>Emotional Literacy and Self-Awareness</p> <p>Mindfulness</p>	<p>Spending Sense</p> <p>Different financial products</p> <p>Different financial transactions</p> <p>How to shop ethically</p>	<p>Safety and the Workplace</p>
<p><b>Year 9</b></p>	<p><b>Personal Development</b></p> <p>Difference between Job, Occupation and Career</p> <p>Cost of Living</p> <p>Reality Bites</p> <p>Entrepreneur</p> <p>Stereotypes and the Workplace</p> <p>Safety and the Workplace</p> <p><b>Health and Wellbeing</b></p> <p>Responsible Health Choices: Blood Donation, Stem Cells, Vaccinations and Anti-Vaccinations</p> <p>Substance Abuse</p> <p>Organ Donations</p> <p>Cancer Awareness (inc Screening)</p> <p>Eating Disorders</p> <p>Body Image and the Media</p>	<p><b>Study Skills</b></p> <p>Revisiting Learning</p> <p>What type of learner do e think we are?</p> <p>Discussion of Strategies and Learning Activity</p> <p>Revisiting the Importance of Living Well (Exercise, Sleep, Eating, Relaxing)</p> <p>Learning Cycles</p> <p>Reflection</p> <p><b>Relationships</b></p> <p>Age of Consent and First Experiences</p> <p>Recognising when a relationship is unhealthy or abusive</p> <p>Recognising when a relationship is unhealthy or abusive</p> <p>Peer to peer abusive relationships</p> <p>Online Relationships</p> <p>Teen Pregnancy</p>	<p><b>Keeping Safe</b></p> <p>How does Knife Crime Impact on Communities and the Individual?</p> <p>How does the law deal with young offenders?</p> <p>Anti-Social Behaviour (Include Fireworks)</p> <p>Living on the Isle: Link to Rural Crime, Gun Crime, Vandalism and Safer Roads</p> <p>Crime, Gangs and County Lines and Link to Social Media</p> <p>Acid Attacks and the Dangers surrounding Household Chemicals</p> <p><b>Living in the wider world</b></p> <p>Social Media</p>
<p><b>Year 10</b></p>	<p><b>Relationships</b></p> <p>Types of relationships</p> <p>Consent - how to seek, respect, withdrawing consent</p> <p>Relationship break-ups</p> <p>Good sex</p> <p>Safe sex v Chem Sex</p> <p>Arranged and Forced Marriages</p>	<p><b>Keeping Safe</b></p> <p>Personal safety in the wider world</p> <p>Gambling and gaming</p> <p>Cyber crime</p> <p>Social media and self esteem</p> <p>Harassment and stalking/ revenge porn.</p>	<p><b>Living in the wider world</b></p> <p>What is democracy and what are the different types of government?</p> <p>Political parties and manifestos</p> <p>Right wing extremism</p> <p>Local and regional government</p> <p>Laws and consolidation</p> <p>Elections and voting</p>

	<p><b>Health and Wellbeing</b>          Binge Drinking and the Risks          Body Modifications: Tattoo, Piercings          Why do some people commit suicide?          Excessive Use (eg. of the Internet/Gaming)          Managing Grief and Bereavement          Managing Social Anxieties</p>	<p><b>Finance</b>          Key financial terms          Savings, Credit and choosing a bank account          Bank statements          Money, safety and identify theft          Gambling          Cost of living and payday loans.</p>	<p><b>Personal Development</b>          Personal brand: Online presence          LMI – Why is it important?          Confidence and self esteem          Personal brand          Interview skills          Practicing for interview</p>
<p><b>Year 11</b></p>	<p>Personal development          Thinking confidently          Wish I had known sooner and career planning          Post 16 decisions          Employability skills          CV writing and personal statements          The perfect employee</p> <p><b>Study Skills</b>          Revision and how to get started          Keeping the momentum going.</p>	<p>Bespoke programme to match the needs of the cohort.</p>	