



safa
south aylesham football academy

IN ASSOCIATION WITH
780 COACHING

780
COACHING



Prospectus 2018 - 2019



780 Coaching in association with **Sheffield Wednesday FC Academy** are delighted to be able to support **South Axholme 6th form** in providing a professionally run football academy that will challenge pupils to develop both academically and athletically.



Football academy student athletes will receive

- Full pre-season programme starting in August
- Up to ten hours practical football
- Training session led by UEFA B Licensed Coaches on SA Academy 3G surface and grass surfaces
- Competitive fixture schedule competing in ECFA League and Cups
- Friendly fixtures against professional club academies
- Fixtures filmed for analysis
- GPRS tracking for player portfolio
- Access and use of gym equipment and swimming pool
- Access to specialised sports physiotherapist
- Individually tailored Strength and Conditioning programme for all players
- Supplementary sessions and fixtures with 780 Coaching Development Centres
- Opportunities to play in the Junior Premier League
- Clear exit routes provided in education, employment, football and coaching



Ross Barrows

'780 picked me up at my lowest point in football, they built back my confidence and got me back enjoying my football. Without 780 I wouldn't have developed in to the player and person I am today'

FORMER CLUB - FC Halifax Town LEVEL - 1st Team

About 780 Coaching

780 Coaching are very proud to be associated with the Sheffield Wednesday FC Academy and aim to increase the opportunity for players to enter the SWFC academy.



To date over 40 players have been signed to professional clubs from 780 Coaching courses including 4 first team players and 5 current scholars.

Additionally, more than 80 players have been scouted to join TEAM 780 beginning to bridge the gap to the professional game.

With ever increasing demand for 780 Coaching development centres we felt the need to provide further education and training opportunities for aspiring footballers allowing them to develop holistically towards their future.

Working with SA6th Form has created opportunities to challenge players both on and off the pitch and to allow them to gain qualifications at a standard that will support university applications and further employment.

The Football Academy will also strive to create opportunities for players to step into the professional world of football and in previous seasons has seen many success stories.





Option 1

All students must have a minimum of 6 GCSE passes graded at 9-5 (including English and Maths), in addition to the course specific entry requirements detailed in the main SA6th Form prospectus. Students who choose to study A levels will be placed on to the linear 2 year course.

What **YOU** will receive as a **Football Academy Option 1** student

Our offer of subjects is a mixture of academic and vocational subjects that can be taken in many combinations to set you on the path towards your desired career. The majority of students will study 3 courses. All courses are taught for 5 hours per week, with students expected to put a similar amount of time into independent study per subject per week.

Progression to Year 13 will be dependent on achievement in Year 12 internal exams being satisfactory. Students who are seen to be at risk of dropping an A level course before completion will be entered for the AS level exams where possible.

What courses can **YOU** apply for?

You will have access to any course currently contained within the South Axholme 6th Form prospectus including A levels in Biology, Chemistry, Geography, Mathematics, Physics, Psychology, Sociology and Spanish among others and as a Football Academy Option 1 student you can select up to 3 courses from the A level programme.

You can select from a number of Level 3 vocational courses such as Applied Science, Business, Health and Social Care and Sport and Physical Activity.

You can choose three of these courses or you can mix them with A Levels.

There is also the option to complete the Level 3 Technical Diploma in Sport and Physical Activity which is the equivalent of two A levels. This must be combined with an additional Level 3 applied course or with an A Level.

Entry requirements

Each course has its own entry requirements and these can be found in the South Axholme 6th Form prospectus with all courses requiring a minimum of grade 5 at GCSE english language, mathematics and any other GCSEs related to your chosen subject.

Where can this course take **ME**?

Any combination of these courses will offer you a wide range of career options in employment whilst also building the foundation of learning needed for further education.

The course combinations available will provide you with the skills and exposure required to secure places at elite universities whilst also allowing you to stand out in the competitive world of work, apprenticeships and business.

Football Academy

As a student athlete enrolled in the Football Academy Option 1 you will also receive 6 periods of football development within your timetable plus independent study periods.

You will have chances to be selected to play in the Category 2 ECFA League and Cup fixtures as well as in friendlies against professional academies.



Noel Burdett

'780 coaching benefited me in many ways, I learnt manners, discipline and how to conduct myself not just on the football pitch but off it. Each and every session I went to helped me benefit massively on the technical side of my game and make myself better as a football player.'

FORMER CLUB - Scunthorpe United LEVEL - 1st Team





Option 2

Equivalent to 3 A Levels

What **YOU** will receive as a Football Academy Option 2 student

Level 3 Extended Diploma in Sport and Physical Activity Development

This course will give you a fantastic insight into the amazing world of sports and sports performance.

Combining both physical performance and academic challenge we will provide an exciting opportunity for our students to understand the impact sport has on our everyday lives.

Through the course you will develop an understanding of the sociological and psychological impacts that participation in sport and physical activity can have as well as the benefits of and barriers to participation and how to overcome these.

Through the course you will learn more about the deeper world of sport with major questions being covered ranging from why some people outperform others mentally and physically to what impact the use of modern technology is having on physical activity and sport.

As a student you will also be supported to develop key transferable skills that include confidence, decision making and independent thinking which will be vital in any career path you may choose to follow.

Entry requirements

Grade 4 GCSE English Language, Mathematics and Science.

Course breakdown

As a Football Academy Option 2 student you will undertake units of study including:

- Body systems and the effects of physical activity
- Sports coaching and activity leadership
- Sports organisation and development
- Working safely in sport, exercise, health and leisure
- Performance analysis in sport and exercise
- Physical activity for specific groups
- Nutrition and diet for sport and exercise

- Sports injuries and rehabilitation
- The business of sport
- Improving fitness for sport and physical activity
- Organisation of sports events
- Working in active leisure facilities
- Practical skills in sport and physical activities

These units will support you in developing additional skills, knowledge and understanding which will allow you to deliver a wider range of sports and physical activities and support development in those sports or activities. They will also develop your understanding of the sociological and psychological impacts that participation in sport and physical activity can have as well as the benefits of and barriers to participation and how to overcome these.

Where can this course take **ME**?

This course will open avenues to a number of exciting career paths with many students moving onto higher education to study some form of Physical Education in the shape of Sports Studies courses.

You will find this course a great choice if you wish to pursue careers within:

- Sports science
- Leisure industry
- Sports development officer
- Physiotherapy and other medical professions
- Physical education teaching
- Diet and nutrition
- Journalism
- Sports analytics
- Sports reporting

Football Academy

As a student athlete enrolled in the Football Academy Option 2 you will also receive 10 periods of football development within your timetable plus a further 4 independent study periods.

You will have chances to be selected to play in the Category 2 ECFA League and Cup fixtures as well as in friendlies against professional academies.



Elliott Vasalo

'780 Coaching helped me grow in confidence and help me believe in myself and my ability as a footballer. All the coaches encouraged me to work hard and follow my dreams in football.'

CURRENT CLUB - Sheffield Wednesday FC
LEVEL - 1st Year Scholarship





Charles Vernam

'Chris and the team have had a massive impact on my career so far. From when I was young they have pushed me to improve technically, tactically and physically and there knowledge of the game and training methods has made this possible. Their passion for coaching makes the sessions enjoyable and means they are able to make the most out of the time spent with me. I wouldn't be where I am today in football without their expertise in coaching.'

CURRENT CLUB - Derby County LEVEL - 1st Team



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